

My School Manu

Winter 2025 - 2026

Week commencing

3rd November 24th November 15th December 5th January 26th January 9th March



	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Pasta shape of the day Gluten Mustard Soya in a tomato & basil sauce with garlic bread Gluten Soya Milk	Carbonara Gluten mustard soya milk with garlic bread Gluten Milk Soya & crunchy vegetable sticks	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Lemon & herb chicken Sulphur Dioxide with mashed potato & corn on the cob	Fishcake Cob Gluten Fish Sesame with lemon mayonnaise Egg Sulphur Dioxide, oven chips & peas		
.	Jacket potato available daily, served with your choice of: baked beans or cheese Milk						
Pudding	Classic iced 'school' cake Egg Gluten Milk	Spiced apple crumble Gluten with custard Milk	Pinwheel cookie Gluten	Donuts Soya Milk Gluten Egg Sesame	Custard tart Milk Gluten		







	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Cheesy Naan bread pizza Milk Gluten with potato balls	All day brunch Nottinghamshire sausage Gluten Sulphur Dioxide & bacon with hash browns, baked beans & scrambled eggs Egg Milk	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Chicken & coconut curry Milk with rice & naan bread	MSC Fish finger taco Gluten Soya Fish with coleslaw Egg & oven chips		
***	Jacket potato available daily, served with your choice of: baked beans or cheese Milk						
Pudding	Chocolate & orange cookie Gluten	New York cheesecake Gluten Soya Milk	Sticky toffee pudding Milk Egg Gluten with custard Milk	Rice pudding Milk	JimJam 'nut free' chocolate croissant Gluten Milk		







17th November, 8th December,

19th January, 9th February, 2nd March, 23rd March

Taste ASIA

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	Monday	Tuesday	Wednesday	Thursday	Friday		
Option 1	Quorn dippers Gluten With Tilda rice & a vegetable spring roll Gluten Egg Milk Soya Celery	Chicken & vegetable fajitas Gluten with smoky jacket wedges & tomato salsa Sesame	Roast meat of the day with Yorkshire pudding Milk Egg Gluten roast potatoes, carrots, broccoli & gravy	Honey chicken filled bao bun Gluten Soya Sesame with Tilda rice & crunchy vegetable sticks	Chip shop style fish 'n' chips Gluten Fish with curry sauce Celery, Egg, Milk, Mustard, Soya, Gluten & peas		
<u>~</u>	Jacket potato available daily, served with your choice of: baked beans or cheese Milk						
Pudding	Strawberry jelly with a cookie Gluten	Iced carrot cake Gluten Egg Sulphur Dioxide	Chocolate Cracknell Gluten Milk	Butterscotch shortcake Gluten Milk Soya	JimJam 'Nut Free' Chocolate brownie Egg Milk Gluten		



