



**MISSON PRIMARY SCHOOL**

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Head Teacher: Mr J Birch

Dear Parent / Carer

**WEARING OF GOGGLES DURING SCHOOL SWIMMING LESSONS**

The Local Education Authority recommend that children should not wear goggles during school swimming lessons for the following reasons;

- Goggles are not considered necessary for school swimming
- There is a risk of injury to the eyeball as a result of incorrect fitting or adjusting with wet fingers
- The main purpose of the school swimming programme is to maximise a child's safety in water. If a child becomes reliant on goggles, and they fall into water (for example) without their goggles, this can create added difficulty.
- Goggles often do not prevent pool water from coming into contact with the eyes, and therefore cause the child to continually adjust them, resulting in distraction and distress.
- Some goggles are only suitable for competition swimming, diving and sub-aqua work.

If you still feel strongly that your child(ren) should wear goggles, you may complete and return this form which has been provided at the Head Teacher's discretion. Your child(ren) will be able to wear goggles for school swimming on the understanding that if during the course of a swimming lesson the instructor considers the use of goggles to be dangerous or distracting, then the goggles should no longer be worn. We also request that you fully observe the manufacturer's advice concerning the use and maintenance of the goggles, and the warnings on eye safety.

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I, the parent or carer of \_\_\_\_\_  
confirm that I wish my child(ren) to wear goggles during school swimming lessons. I have read and understood the Local Education Authority's recommendation, and have explained the advice to my child(ren).

Signed \_\_\_\_\_ Date \_\_\_\_\_

Please print your name \_\_\_\_\_



**Healthy Schools**

